Married couple, Virginia and Roger, have been beloved members of the HGH family since the 1960s, when they met and married on our Lakeside campus.



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## A Message from the President



Dear Friends and Supporters,

I am honored to address you as we embark on a journey through the accomplishments of Home of Guiding Hands (HGH) in the past year. This annual report offers a window into our organization's mission, achievements, and our unceasing dedication to enhancing the lives of individuals with intellectual and developmental disabilities (IDD).

At HGH, we are more than an organization; we are a family bound together by a shared commitment. For over five decades, we have championed the cause of those who often find themselves marginalized or underserved in our communities. Our core purpose is simple, yet profound: to improve the lives of those we serve.

As a leading provider of services for individuals with IDD, we are proud to stand at the forefront of care, advocacy and empowerment. Our commitment to enhancing the quality of life for our clients is unwavering. It forms the cornerstone of every initiative, program, and project we undertake.

In 2023, HGH has reached incredible milestones, some of which have exceeded our most ambitious expectations. We have diligently expanded our services and support systems, reaching more individuals in need. With innovation as our guiding star, we are driving change to create a more inclusive society where everyone, regardless of ability, can thrive.

Our steadfast determination to deliver quality care is evident through the partnerships we have forged and the lives we have transformed. The impact of our programs extends far beyond our immediate reach. It ripples through families, communities, and the broader society. We have proudly witnessed the remarkable progress our clients have made, knowing that we played a role in empowering them.

In this past year, we have witnessed the collective dedication of our team, a group of professionals who pour their hearts and souls into their work. Their compassion and unwavering spirit are the driving forces behind our success. I want to take this opportunity to extend my deepest gratitude to each and every one of our team members. You are the backbone of HGH, and your work changes lives every day.

Our success is also intertwined with the incredible support we receive from our donors, sponsors, and partners. Your trust and generosity continue to be the lifeline of our mission. It is through your contributions that we can innovate, expand, and deliver the exceptional care that defines HGH.

As we journey through this annual report, you will discover the depth and breadth of our commitment to making a difference. Together, we can be proud of what we have achieved. However, our work is far from finished. The path ahead is both exciting and challenging, and we remain resolute in our dedication to the betterment of the lives we touch.

Thank you for your unwavering support and belief in Home of Guiding Hands. With your partnership, we will continue to write stories of hope, empowerment, and transformation in the years to come.

Warm regards,

den It Star

Edward Hershey President & CEO

# Honoring choice, connecting individuals and supporting family life.

*Ayaire* is a bright and beautiful almost two-year-old toddler. She is the youngest member of a bustling foster family of six, and could not be more loved by her siblings and dedicated foster parents.

Ayaire prides herself on being able to call all of her siblings by name, which is a challenging task: Teaira, Selina, Malachi, Jacob, Jeremiah and Levi.

Her favorite foods include macaroni and cheese, french fries, and pizza. When she's not riding on her scooter or running around with her siblings, Ayaire sings and dances to all kinds of music. Her favorite artists are Whitney Houston and Mariah Carey. Her blossoming tastes reflect her energetc enthusiasm for life.

She is a social butterfly who is always dressed to impress by her fashionable foster mom. Ayaire's foster family of nearly two years has been a significant proponent in her progress with the HGH Infant Education program since she began in February of 2023. They are eagerly looking forward to her adoption day.

### **Early Childhood Development**

Alex is an 18 year-old, energetic young man, with a great personality and contagious smile. He lives with three other young men at Pierce home, one of our residential homes in San Diego.

Since coming to Pierce home in May of 2022, Alex has shared his great personality and contagious smile with his housemates and anyone else he can talk to. He loves telling people about his day.

Alex is currently in the transition program at his school. There, he is learning how to access the community and is learning job skills.

In his spare time, Alex loves to sing, especially singing songs from Frozen and Frozen 2, and can even play a few songs on the piano. Alex also has a love of going on outings, especially to Sea World where he enjoys going on the rides. He also has a love for bowling and has joined a bowling league with his housemates! Alex loves Harry Potter and can often be found reciting movie lines and reenactig some of the scenes.

### **Residential Services**

# Our Mission: To Improve The Lives Of Those We Serve



I nnovation Collaboration Accountability Respect Empathy



AG has been with Home of Guiding Hands since 2021 and is a valued and loved member of our **Residential Program**. AJ's great smile and incredible sense of humor allows him to make friends wherever he goes. AJ loves classic cars, puzzles, playing guitar, and cooking. In fact, he loves making omelets on the weekends! AJ is incredibly passionate about JROTC (Junior Reserve Officers Training Corps) and is wholly dedicated to his success in the program.

**Our Vision:** To be recognized as the premier provider of a dynamic spectrum of individualized services supporting persons with special needs.

#### At Home of Guiding Hands We:

- Embrace change, keep an open mind, take calculated risks, and learn from our mistakes while maintaining a creative mindset to improve the care and service we provide
- Initiate partnerships and establish trust within and across boundaries to extend the best services and drive excellent outcomes
- Embody integrity, ethical behavior, and responsible stewardship in all that we do for and with others
- Are a dynamic, forward-thinking organization that uses our resources wisely
- Hold others in high regard, honor their values, viewpoints, and contributions and treat them as we wish to be treated
- Listen with curiosity and without judgment and seek first to understand so we can best meet the needs of others
- Value accountability to our service recipients, donors, community partners, community and ourselves
- Operate in a fiscally responsible, sustainable, and effective manner
- Value our staff and encourage teamwork

### What We Do:

For over 55 years, HGH has been providing a continuum of services for individuals with intellectual and developmental disabilities in San Diego and Imperial Counties.

### Who We Are:

We are partners, facilitators, community members, and teachers for the individuals and families we serve.

## Home of Guiding Hands is Innovation, Collaboration, Accountability, Respect and Empathy

Masyn is 15 years old and has a very vibrant and cheerful personality. He enjoys connecting with people in a friendly way: with a big smile and very interesting conversations. He lives with his grandma and has been receiving Respite Care services from HGH since July 2019.

Masyn has diverse interests and passions. He loves cars and music, and his favorite band is The Red Hot Chili Peppers. Masyn even attended his first concert this year, and had a great time!

He enjoys spending time with his HGH Respite workers, which is a testament to their positive imapct on his life. His workers provide him with companionship, support, and opportunities to engage in activities he enjoys.

Overall, Masyn has a lot of love and joy to share with the world. The people around him, including his Respite workers, are fortunate to be a part of his life.



## Leadership

#### Board of Directors Officers:

Cindi Harris, Chair Sam McGovern, Vice Chair Paul Botte, Secretary Michael Harris, Treasurer Trevor Yates, Immediate Past President

### Board of Governors

Al Barrack Isaac Blumbera Sarah Brenha Robert Carne David Catalino Dan Clark Nora Cole Larry & Sherry Delsen Tom DeLucia Daniel Farnest Mike Fausett Susan Fike Gail Glutting Lindy Goble Chris Hinman\* Steven L. Hoefer Andrea Howard Austin Hughes Randy Jones Dick Marrs Michelle Metter

#### Directors:

Rachelle Domingo-Rogers Lara Hoefer-Moir Debby McNeil Ben Trovaten Edward Hershey, President & CEO

#### Chuck Muse Mark Ochenduszko Jim O'Grady Evelyn Riddick Stuart Scott Judith Shaplin Irene Stone Marcia Vanlandingham Dave & Charlene Walki

Marcia Vanlandingham Dave & Charlene Walker Ann Walker Rachel Wood Tom Woolway

### HUD Corporation Board

President, Dave Walker Vice President, Stuart Scott Secretary/Treasurer, Susan Fike

#### Members:

Mike Fausett Debby McNeil Judith Shaplin

# **HGH Programs**

**Adult Foster Agency:** Designed for adults who wish to live with a family. The individual is integrated into family life, receives support from the family, and is involved in the everyday happenings and joys of a home.

**Early Childhood Development:** A dual-purpose program that provides therapeutic and educational early intervention to young children, from birth to three years of age, who are at risk of delay or have been diagnosed with a developmental disability.

**Financial Management:** Financial Management Services (FMS) helps Self-Determination participants manage their individual budgets and spending plans.

**Independent Living Skills:** We support and encourage our clients who desire to live on their own. Each week a trained counselor provides one-on-one assistance in meal preparation, money management, shopping, and accessing community resources. These individuals live in friendly and comfortable environments, with 24-hour care and varying levels of individualized support and training.

**Infant Development Assessment:** We evaluate children from four months to three years of age to establish California Early Start services eligibility.

**Life Planning:** A workshop series to help families develop a life plan for a family member with a disability. We help families learn about available resources to ensure quality of life throughout the individual's lifetime.

**Residential Services:** Throughout our 31 homes, we provide support to children (starting at age 8), adolescents, and adults. They live in friendly, comfortable environments with 24-hour care and varying levels of individualized support and training.

**Respite:** We provide in-home support to enable a family/caregiver to feel comfortable taking a break from their loved one's intensive supervision and care.

**Tailored Day Services:** We help individuals build quality relationships by assisting them with access to community activities where they will have the opportunity to meet others with shared interests.

**Transportation:** Our fleet of adapted vans and buses transports our clients throughout San Diego County, enabling them to connect with others in their community safely and effectively.

\*Deceased



# 4,249 Clients Supported

#### Infant Development Assessments

2,290	
	In Home Respite
816	
	Transportation
445	
311	Early Childhood Development
311	Intermediate Care Facilities - Habilitative Homes
119	
/	Life Planning
113	
	Independent Living Skills
46	
	Early Start Therapies
40	
	Community Care Licensed Homes
27	
15	Adult Family Home Agency
15	Einen ein Mannen enter Sen inne
15	Financial Management Services
	Tailored Day
12	
	Number of Staff Employed 861
	Volunteer Hours 1,128

Board Participation 100%

## Thank You for Giving

At the heart of this organization are the men, women, and children we so proudly serve. HGH would not be what we are today without your unwavering generosity and your time and dedication to supporting our mission. This list reflects gifts of \$1,000 or more for July 1, 2022–June 30, 2023.

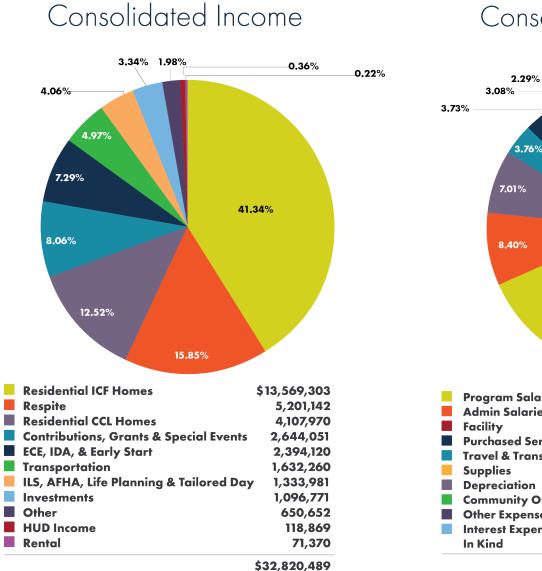
Jan Adams Luci Ahn Rick & Maryann Alaire Judith Anderson Toni Anderson Art Pratt Foundation of Old Mission Rotary Club Joseph & Joann Ascuitto John Barber & Kathryn Richman Al Barrack Joe Beerv Linda Bethel Michael Blackwell Adam Bloom Jeff R. Bloom Jeff & Yvonne Bloom Larry Bloom Isaac & Marcy Blumberg Paul & Mary Botte David & Susan Bowers Melani Bradford Christine Brock Justin Brown Cory & Shannon Burke Bob & Dottie Carne Mike & Sherrie Carney Don & Sharon Cislo Paul & Llsa Clifford Linda Coppes Cox Business Jennifer Danks David C. Copley Foundation Kent & Susan Davis Larry & Sherry Delsen Robert & Vickie Dempsey Delsen & Company, LLP Rick & Marv Doremus Daniel Earnest

Kirk & Urszula Ehrhart Steven Fhrhart Jon & Mary Epsten Jesus & Lindsey Espinosa Thom Finni & Michael Oliva Jean Fletsch Sydney Flores Charles & Francine Frasier Jane Gabrielson Steve & Carolvn Gates Steve & Lindy Goble James & Yul Gonzalez Grossmont Healthcare District Mike & Cindi Harris **Richard Harris** Nick & Paige Hatton Judith Hauser Britney Henry Edward & Jessica Hershey Don & Paula Heye Frank & Cindy Hilliker Chris Hinman Steve & Donetta Hoefer Lara Hoefer Moir Krvstal Hoffmann Brent & Andrea Howard HUB International Insurance Services, Inc. Pat & Kelly Hurley Robert & Sally Johnson Scott Kaufman Ban Keriakos Rich & Lynda Kerr Kineticom, Inc. Mark & Angie Klaus La Mesa Auto & Tire Center Chris Larsen Jacaues Lemire Matthew Lukes

M.J. Ratzlaff. Inc. Jeff Maichen Dick & Jill Marrs Marvin Family Foundation, Inc. Kurt & Tammy Matel Sam & Valinda McGovern Zanita McGuinness Jill McKenna Lvnn McNeill-Smith Marvann Meldrum Samuel Merritt Chervl Minshew Rvan Moore Thomas & Kathryn Murphy Dean Myatt & Diana Townsley Luke Ninteman Jeffrey Nobbs Jim & Jean O'Grady Oak Tree Philanthropic Foundation Megan Oliva Osteo Relief Ron Padilla George & Jeanne Pardo Rosemary Pfahler Erik & Lana Pflaum Dick & Cindy Price Price Philanthropies Professionals With Purpose Laurie Purcell Laura Purdom Quick Dry Flood Services Rob & Denise Ransweiler Mike & Ralleen Ratzlaff Mike & Anne Ray Rest Haven Preventorium for Children Kathleen Romito Neva Rousselot **RSVP Weddings & Events** 

Beverly Rulon Al & Mary Ruvalcaba Darrel Ryker Saaa Health, Inc. San Diego Automotive Museum Robert & Pauline Scott San Diego Seals Lacrosse SDG&E Bill & Judith Shaplin Monty Sharma Robert & Sandy Shugert Jacob & Wendy Smith So Cal Water Heating Specialists, Inc. St. Andrews Lutheran Church St. Madeleine Sophie's Center Neal & Kam Stehly Svcuan Casino Resort Tom Tamar The Law Office of Isaac Blumberg The Peggy & Robert Matthews Foundation The Rotary Club of La Mesa The San Diego Foundation Bill & Debbie Tipple **Torrey Pines Bank** George & Linda Toussaint Boyd & Ellen Townsley Paul & Carrie Townsley Arthur & Anita Travers Ben & Sheila Trovaten UKG Dave & Charlene Walker Walker Charitable Fund Mikia Wallis Jason & Liane Wilson **Zach Wilson** Jesse & Rachel Wood Dale Yahnke Zenith Insurance Company

### Your Gifts In Action 2022-2023 Financial Results



#### Consolidated Expenses 1.52% 0.88% 0.72% 0.09% 68.53% **Program Salaries & Related** \$20,171,088 **Admin Salaries & Related** 2,471,971 2,062,950 **Purchased Services** 1,106,757 **Travel & Transportation** 1,098,877 905,748 673,189 **Community Outreach & Special Events** 446,168 **Other Expense** 257,836 **Interest Expense** 212,563 26,441

\$29,433,588

### ICF - Intermediate Care Facility, CCL - Community Care Licensing, IDA - Infant/Toddler Development Assessment, ILS - Independent Living Skills, AFHA - Adult Foster Home Agency. Financials reflect fiscal year 7/1/22-6/30/23. HGH is proud to report that 85.9 cents of every dollar generated this year directly supports our programs and services. For more detailed information, please request a copy of our audit report.

#### **Overall Expenses:**

Program			
\$24,626,589	83.70%		
General Admin			
\$3,916,488	13.30%		
Fundraising			
\$892,624	3.00%		
0	3.00%		

## HGH is more than just an organization, it's a community.

Cyndee (left) and Moriah (right), met through our Independent Living Services (ILS). Through the activites of the ILS, they have formed a meaningful friendship that might not have been possible otherwise.



Independent Living Skills staff member, Sharon (left), has a great relationship with Kassie (right), one of our Independent Living Services (ILS) participants.

### Home of Guiding Hands www.guidinghands.org

San Diego County Office: 1908 Friendship Drive, El Cajon, CA 92020 / P 619-938-2850 / F 619-938-3055 Imperial County Office: 605 Wake Ave., Suite 7, El Centro, CA 92243 / P 760-352-1500

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